



Headteacher Newsletter

Friday 13th March 2026

What a busy week we've had at school. Some of our Year 6 children have enjoyed a week away at Wick Court whilst others have enjoyed taking part in activities closer to home. Everyone looks like they have had an amazing week. A huge thank you to Miss Meakin-Scott, Mrs Hill, Mr Atkinson & Mrs James who took on the responsibility of the residential trip. I am sure that they will be exhausted when they return!

Mrs Jury-Sofi



Dates for your Diary

Tuesday 24th March - Year 3 & 4 Performance (2.30pm)

Wednesday 25th March - School Discos (EYFS/KS1 - 3.30pm-4.30pm, KS2 - 4.45pm-5.45pm)

Monday 30th March - Parents Evening

Tuesday 31st March - Parents Evening

Wednesday 1st April - Pupil of the Term (Invite only)

Thursday 2nd April - Break the Rules Day

Thursday 2nd April - End of Term 4

Friday 22nd May - Colour Run (more details to follow)

Monday 22nd June- Friday 26th June - Sports Week (to include a visit from an athlete & sports day)

Friday 26th June - Summer Fair (After School)

Date TBC - Cultural Event (Term 6)

Attendance

Have you been an Attendance Hero?

Here, every day, ready and on time

What Good Attendance Looks Like

- **100% Attendance** – You've been here every single day. That's amazing!

- **Above 97%** – You’ve only missed a couple of days. You’re doing brilliantly.
- **Below 90%** – That’s like missing one day every week.

Attendance Heroes this week!

Bonsai Class - 100%

Willow Class - 98.4%

Walnut Class - 98.0%

Hawthorn Class - 97.6%

Larch Class - 96.4%

Lime Class - 96.4%

Well Done to Bonsai Class!

Please help us as a school to improve our attendance figures - every day counts.



Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school when they're unwell. Please see the government guidelines below for when children should be kept off school and when they shouldn't.



Chickenpox If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	Cold sores There's no need to keep your child off school if they have a cold sore.	Conjunctivitis You don't need to keep your child away from school if they have conjunctivitis, unless they are feeling very unwell.	Coughs and colds It's fine to send your child to school with a slight cough or common cold symptoms. But if they have a high temperature, keep them off school until the temperature has gone.
COVID-19 If they have mild symptoms and feel well enough, they can go to school. Your child should try to stay at home if they have symptoms and they either: have a high temperature or do not feel well enough to go to school.	Ear infection If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.	Feeling anxious or worried It's normal for children to feel a little anxious sometimes. They may get a tummy ache or headache or have problems eating or sleeping. Avoiding school can make a child's anxiety about going to school worse if your child is feeling anxious please speak to your child's class teacher or contact Mrs Rose or Mrs Lovell so that we can offer your child support.	Hand, foot and mouth disease If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off.
Head lice and nits There's no need to keep your child off school if they have head lice. Please make sure you treat your child's head lice to stop it spreading. If we notice it in school we will call you to collect your child so that you can treat it straight away.	High temperature If your child has a high temperature, keep them off school until it goes away.	Impetigo If your child has impetigo, they'll need treatment. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.	Measles If your child has measles, they'll need to see a GP. Keep your child off school for at least 4 days from when the rash first appears.
Ringworm If your child has ringworm, see your pharmacist. It's fine for your child to go to school once they have started treatment.	Scarlet fever If your child has scarlet fever, they'll need treatment with antibiotics from a GP. They can go back to school 24 hours after starting antibiotics.	Slapped cheek syndrome You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious.	Sore throat Still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away.
Threadworms You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment.	Vomiting and diarrhoea Stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).	If you decide to keep your child at home, please let the school know via ParentMail or by emailing or calling the school office. If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.	

New Lunchtime Provider

I am excited to let you know that from next term, we will have a new lunchtime provider. You will be given more details about this via the school office soon.

Nourish is a friendly family-led school caterer with an exciting menu. Please see below.



MORE ABOUT NOURISH



FOOD FIRST

Ensuring every child can access a healthy, nutritional meal each and every day.



ALLERGEN AWARE

We have a robust allergens policy in place. All of our team members are trained and allergen-aware.



MENU

We offer a 3-week revolving menu with a variety of foods to suit all tastes. Check your school's website for the current menu.



RESPONSIBLE

Taking care of the world around us, local sourcing, environmentally friendly, Re-Nourish.

WELCOME TO NOURISH CONTRACT CATERING

CONTACT US

E: office@nourish.co.uk

www.nourishcontractcatering.co.uk

T: 020 8778 1111

SEPTEMBER

TALK LIKE A PIRATE

GROW WITH US
NOURISH
THEME DAYS
2025-2026

OCTOBER

MR NOURISH BIRTHDAY
 BLACK HISTORY MONTH

NOVEMBER

SKILLS for LIFE

LACA SKILLS FOR LIFE

DECEMBER

CHRISTMAS LUNCH

WINNIE THE POOH DAY
 VEGANUARY

FEBRUARY

2026

CHINESE NEW YEAR

MARCH

WORLD BOOK DAY
 EID

APRIL

ST GEORGE'S DAY

MAY

HARRY POTTER DAY

JUNE

SUMMER SOLSTICE

JULY

SCHOOL'S OUT

THE BIG BUTTERFLY COUNT
 SCHOOL'S OUT

APRIL TO OCTOBER 2026 NOURISH						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE		Beef Bolognaise Pasta 1 Cheese & Pesto Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9 Baked Wedges Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Macaroni Cheese 1,7 V Chick Pea & Spinach Biryani VG Jackets with a Choice of Toppings 7,8,9 Carrots Mixed Peppers Toffee Tart 1,7 & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Gammon & Gravy Meatfree Meatballs & Gravy 6 VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes Cabbage Swede Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Chicken Korma Herby Tomato Pasta 1 VG Jackets with a Choice of Toppings 7,8,9 Rice Green Beans Carrots Chocolate Orange Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 Wrap Stack 1,7 V Jackets with a Choice of Toppings 7,8,9 Chips Sweetcorn & Peas Coleslaw 9 Lemon Drizzle Biscuit 1,6 VG Yoghurt 3,7 Fruit Pots VG
WEEK TWO		Cheesy Cauliflower Pasta 1,7 V Vegetable Burger in a Bun 1,5,6 VG Jackets with a Choice of Toppings 7,8,9 Baked Wedges, Carrots, Peas Honey Cake 1 & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Minced Beef Curry Pesto & Pea Pasta 1 VG Jackets with a Choice of Toppings 7,8,9 Rice Seasonal Vegetables Summer Trifle 1,7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Samosa Puff 1 VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes Broccoli Carrots Cornflake Cookie 1,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Chicken Fajita 1 Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9 Rice Tomato Salsa Green Beans Carrot & Orange Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Salmon Fish Cake 1,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Grated Carrot Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG
WEEK THREE		Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9 Rice Peas Mixed Peppers Jam Roly Poly 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Pie 1 Vegetable Stir Fried Noodles 1 VG Jackets with a Choice of Toppings 7,8,9 Crushed Potatoes Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	BRUNCH Pork Sausage & Bacon 1,3,6 Or Vegetable Sausage 1 VG Jackets with a Choice of Toppings 7,8,9 Brunch Hash Potatoes Baked Beans Mushrooms & Tomatoes Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7,8,9 Rainbow Rice Sweetcorn Coleslaw 9 Sultana Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 Cheese & Bean Parcel 1,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Baked Beans Cucumber Sticks Caramel Cookie 1,7 V Yoghurt 3,7 Fruit Pots VG
AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.						

Parent Evenings

A reminder that Parents' Evening will take place on **Monday 30th March and Tuesday 31st March 2026.**

Bookings opened at 9.00am this morning.

- **Bonsai Class, Cedar Class and Ebony Class** will have their meetings in Bonsai Classroom.
- **Silver Birch Class, Cherry Class and Elm Class** will have their meetings in Silver Birch Classroom.
- If your child is in **Years 3, 4, 5 or 6**, meetings will be held in the big hall.
- Please note - there will be **NO** creche.
- We would prefer that parents/carers come without their children to the meeting. **If you have no alternative childcare, there will be chairs outside the hall and classrooms where they will be able to wait for you.**



Have a lovely weekend!
Jury-Sofi

Mrs